

**SIGNATURE DENTAL**  
*Family Dentistry*

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**IMMEDIATE DENTURES**

The immediate denture you have just received can also be referred to as an 'Interim' or 'Transitional' denture because it is to act as a splint for the period of bone and tissue healing. Please read the information sheets we have given you about the surgery and complete dentures. Here are some additional points:

**1)** There will be some pain and swelling, depending on the difficulty of the extractions. Keep the denture in for the first 24 hours. It will act like a compression bandage to keep the swelling and bleeding to a minimal.

**2)** You will have an excess of saliva which will be pink with blood. There also will be a bad taste which will improve daily. Rinse your mouth with warm salt water. Clean your denture with hydrogen peroxide for the first 3 days.

**3) DIET (Day 1-3):** Fruit juices, instant breakfasts, scrambled eggs, oatmeal, soups, puddings, fish and blended vegetables.

**(Day 4-21):** Meatloaf and hamburger dishes, souffles and omelettes, tuna casserole, spaghetti, lasagne, french toast, mashed potatoes, bananas, peaches etc.

**4) FUTURE RELINE:** As the tissue and bone heals, your gums will shrink. The denture will begin to get loose and unstable. A reline can be done within 2-3 months after most of the healing has taken place. Future relines 1-2 years later may also be needed.