

SIGNATURE DENTAL
Family Dentistry

DR. ROLAND TUPAS-SINGH
DR. JERRY JACOB
DR. FUREY HIGGINS

350-4392 West Saanich Rd.
Victoria, B.C. V8Z 3E9
PH: (250) 479-2099 FAX: (250) 479-6522
www.signatoredentalvictoria.com

IMMEDIATE DENTURES

The immediate denture you have just received can also be referred to as an 'Interim' or 'Transitional' denture because it is to act as a splint for the period of bone and tissue healing. Please read the information sheets we have given you about the surgery and complete dentures. Here are some additional points:

- 1) There will be some pain and swelling, depending on the difficulty of the extractions. Keep the denture in for the first 24 hours. It will act like a compression bandage to keep the swelling and bleeding to a minimal.
- 2) You will have an excess of saliva which will be pink with blood. There also will be a bad taste which will improve daily. Rinse your mouth with warm salt water. Clean your denture with hydrogen peroxide for the first 3 days.
- 3) **DIET (Day 1-3):** Fruit juices, instant breakfasts, scrambled eggs, oatmeal, soups, puddings, fish and blended vegetables.

(Day 4-21): Meatloaf and hamburger dishes, soufflés and omelets, tuna casserole, spaghetti, lasagna, french toast, mashed potatoes, bananas, peaches etc.
- 4) **FUTURE RELINE:** As the tissue and bone heals, your gums will shrink. The denture will begin to get loose and unstable. A reline can be done within 2-3 months after most of the healing has taken place. Future relines 1-2 years later may also be needed.