

SIGNATURE DENTAL
Family Dentistry

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Invisalign Quick Facts/ What You Need To Know

Once you have decided to proceed with Invisalign, there will be a 50 minute appointment to gather records (photos and impressions of your teeth). These are then sent to Invisalign in order to formulate a treatment plan and a 3-D computer simulation of your tooth movements and final result. At this stage we will know how long your treatment will take. You have an option to view this computer model, or proceed directly to the next appointment where the first 3 sets of aligners are delivered. This appointment usually takes around 60 minutes.

The plastic aligners are worn 24 hrs/day and are only removed to eat and to clean your teeth. Every 2 weeks the aligners are replaced with new ones. We will need to see you every 6 weeks to assess the progress and give you your next 3 set of aligners.

We may have to bond some tooth coloured composite attachments (buttons) onto your teeth which aid in tooth movements.

The treatment may involve minor enamel re-contouring between some of your teeth to create extra space.

The treatment may involve minor bite adjustment after completion.

There may be some refinements that are needed at the end of treatment (extra aligners).

Like wearing glasses, changing your hair colour and staying fit, teeth always change. It is important to wear retainers a few times/week at night for a lifetime.